## A VISION FOR CANCER SERVICES IN WALES TO MATCH THE BEST IN EUROPE



**BEHIND THE BEST IN EUROPE FOR CANCER SURVIVAL** 

OVER 19,000 ARE DIAGNOSED WITH CANCER EVERY YEAR IN WALES



By **2030**, it is expected that **250,000** people living in Wales will have had a cancer diagnosis

## WE CAN IMPROVE CANCER SUPPORT BY MAKING SURE THAT EVER YONE HAS WELL CO-ORDINATED CARE.



Access to a specialist cancer nurse (CNS) has been shown to play a vital role in the delivery of high quality, person-centred care.



74% of people who don't have access to a CNS rate their care as excellent or very good. This rises 91% for those who had a CNS.



Specialist cancer nurses (CNS) are part of the cancer multidisciplinary team and are usually recognised as the key worker.



This is an opportunity for people to be part of the decisions around their care. This includes discussions around the **experience**, skills & expertise an individual can contribute to improving their own health and quality of life.

We know that that **80%** of all worries were around **physical ONLY 1 IN 5** 80 **CANCER PATIENTS** and **emotional** concerns. The top five areas identified were: **REPORT BEING OFFERED A WRITTEN** CARE PLAN. SLEEP WORRY PAIN & TIRED, EATING **EXHAUSTED PROBLEMS**, **FEAR &** DISCOMFORT & APPETITE NIGHTMARES ANXIETY **OR FATIGUED** 1 in 5 Only 20% The care plan

sets priorities for care, action timeframes and approaches needed to address an individual's needs or concerns.



Signposting: Only 51% of patients said that they had been given enough information about how to get financial help. Since 2010 Macmillan's benefits advisers in Wales have supported people affected by cancer to receive over **£71m** in financial benefits they were entitled to.

Loss of income is greatest in the first year after diagnosis, when the average person loses an estimated **20%** -**£5,500** in Wales – of their earnings.

## NI YW MACMILLAN. CYMORTH CANSER WE ARE MACMILLAN. CANCER SUPPORT

## **FIND OUT MORE AT:**

www.Macmillan.org.uk @MacmillanCymru www.facebook.com/macmillan.cymruwales

Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) & the Isle of Man (604)